



THE OHIO STATE UNIVERSITY



Save Time with Personal Assistant Referrals

To make the most of every minute
—and opportunity—**it helps to delegate.**

Reach out to your Assistance Program for **Personal Assistant Referrals**
to help save time and tackle to-do's:

- Travel research and referrals
- Moving and cleaning resource referrals
- Home and auto repair options
- Sporting and entertainment information

Your Assistance Program is free to use, confidential, and open to family members.

Contact Ohio State EAP
Call: 800-678-6265

Visit: osu.mylifeexpert.com
Code: buckeyes

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HEALTH