



**THE OHIO STATE UNIVERSITY**



# Caring for Yourself and Loved Ones Requires Time and Answers

**Medical Advocacy** referrals can help you obtain information, guidance, and resources.

Reach out to your Assistance Program for referrals to a **Medical Social Worker** for help with:

- Interpreting information related to claims, coverage
- Navigating healthcare
- Obtaining doctor referrals
- Securing medical equipment
- Planning for transitional care or discharge

*Your Assistance Program is free to use, confidential, and open to family members.*

Contact Ohio State EAP  
**Call: 800-678-6265**  
Visit: [osu.mylifeexpert.com](http://osu.mylifeexpert.com)  
Code: buckeyes

**ALLONE**<sup>®</sup>  
HEALTH