



Newsletter

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September 2009

President's Message

Coping with Change XII is September 24 at the Fawcett Center. Later in this newsletter you will find the complete program and a registration form. The conference is one of the most important events OSURA offers each year, and I was curious about how it came into being.

In the beginning there was John Mount! After serving as OSURA president John became the long-standing chairman and co-chair of the Benefits Committee. He began arranging for annual seminars to update retirees on healthcare issues in OPERS and STRS.

In 1997 Tom Rockwell and George Crepeau developed and conducted a quality of life survey of the OSURA members. By March 1998 the survey results were in and it was clear that there was a real need for more and better information regarding a variety of retirement topics.

Isabel Miller was OSURA president that year, and Fern Hunt was the chairman of the Friendship Committee. They picked up on the need and proposed a conference. The proposal was approved by the Benefits Committee and duly accepted by the Executive Board. I asked Fern about how such a perfect title for the conference was developed. "It just popped into our heads" was her answer. By September 1998 the first Coping with Change Conference was presented for 200 participants at the Fawcett Center for a registration fee of \$10.

Bonnie Kantor, of the Office of Geriatrics and Gerontology, gave the opening address, discussing "Successful Aging." Other presenters considered Housing Options, Tips for Healthy Living, Legal Matters, and still most important, "Outliving Your Money." The conference evaluation showed overwhelming agreement that we should plan another conference!

The next two Coping conferences were half-day meetings. There was no fee - and there was no lunch either. Bonnie Kantor spoke at both conferences and attendees were treated to panels of members reflecting on Transitions in Living.

By 2001 and Coping IV we were back to a full-day meeting, still at the Fawcett Center and still for a \$10 fee.

Over the years our topics have been heavy on things medical and monetary. We've heard from scholars and experts on fitness, meditation, various insurance issues, home care, and safe driving. We've heard about stress, fitness, nutrition, and viewed the University Master Plan. We've heard from the Ohio Attorney General and heard a most insightful analysis of the recent national political campaign. We have tapped deeply into the talents of University personnel: speakers from Family Resource Management, Allied Medicine, Health Services, Human Ecology, Exercise Science, Sociology, Consumer Education, Agriculture, and Environmental and Development Economics, among others.

The Fawcett Center has been a wonderful home to all of our Coping with Change Conferences. The food is good, the meeting accommodations are excellent and the parking is convenient. Sadly, our meeting on the 24th may be our last there. As you know our \$21 fee doesn't begin to pay the costs of the conference and the charges at the Fawcett have again risen drastically. Any ideas about a new venue will be greatly appreciated.

You will find that the program for Coping with Change XII is especially good. The opening session is loaded: Bill Shkurti, Joan Leitzel, and

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OSURA News

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Staff Compensation and

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Judith A. McMahan

Historian

Fern E. Hunt

Office Manager

Kathi Hess

FROM THE EXECUTIVE BOARD August 11

Just like the weather, this has been a great summer for the OSURA Endowment: Over \$4,000 has been received since June, from more than 60 contributors, with the membership renewals and previous pledges by current OSU employees through the Campus Campaign. Special thanks go to each contributor. We are pleased that OSURA members appreciate the programs and activities of the organization enough to provide extra funding, especially during these recessionary times.

On August 5, there were 2,625 members of OSURA. At this time last year there were 2,961 members. Life memberships are up; annual memberships are down a little.

About five members have responded to serve as a Planning Committee for the OSURA project, which has the support of President Gee, on volunteering at Ohio State.

The Board of Control of the OSU Faculty Club has agreed to extend the time in which OSURA members may join the Club as sustaining members.

The State Universities of New York are organizing a retirees association and have contacted OSURA as one of its models.

CHANGES IN HEALTH CARE PLANS

Both OPERS and STRS-Ohio will provide Medicare Advantage Plans beginning January 1, 2010. Both systems are communicating the details to their members through such means as direct mailings, newsletters, their web sites, and seminars across Ohio. Representatives of both systems will speak at the OSURA Coping with Change XII conference on September 24 and, no doubt, this will be covered at that time.

FROM THE BENEFITS COMMITTEE MEETING, August 4

OPERS

The Governor's tax-gap proposals to reduce employer contributions to the System, and to "borrow" from its funds, was successfully defeated by a strong campaign by PERI, OPERS, the Healthcare & Pension Advocates for STRS, and several other entities.

STRS-Ohio

At their June meeting, the STRS-Ohio Board noted the OCHER (Ohio Council of Higher Education Retirees) Conference held May 19 provided insights to state and national pension plans. OSURA is a member of OCHER and had a part in the planning of this conference.

Seventy-four percent of new teacher hires opt for STRS vs. ARP. Service credit purchases are now waning.

It was reported that the Ohio Retirement Study Council (ORSC) had presented options for the five retirement systems' consideration as each seeks to either maintain or reach the statutorily required 30-year funding levels. Among the menu of options are changes to contribution levels, service retirement eligibility, the benefit formula, the number of years used to calculate final average salary, and cost-of-living adjustment. ORSC is not necessarily advocating the implementation of certain changes but is promoting the notion that the system board take all possible elements into consideration and that a "sooner rather than later" approach is preferred.

Income Tax Seminar

The annual Income Tax Seminar will be held Friday, January 22, 2010

PERI

The annual meeting of Public Employee Retirees, Inc. will be held September 28 at the Crowne Plaza Hotel, 6500 Doubletree Avenue, in Columbus.

OSURA Calendar

See "Description of Events" later in this newsletter for details.

- Sept 15-19..... Michigan: Frankenmuth, Mackinac Island, and Upper Peninsula, depart 7:00 a.m. September 15 from Fawcett Center – EVENT CLOSED
- Sept 16 Book Club, 1:30 p.m., Carriage Hill of Arlington Party House, Lafayette Drive
- Sept 17 Lunch Bunch, 11:15 a.m., Buckeye Hall of Fame Café, 1421 Olentangy River Road – REGISTRATION REQUIRED
- Sept 22 Tertulia Breakfast, 8:00 a.m., Faculty Club
- Sept 23 Bridge Group, 1:00 p.m., Friendship Village, Dublin
- Sept 24 Coping with Change XII, 8:30 a.m., Fawcett Center – REGISTRATION REQUIRED**
- Sept 30 Architecture in Columbus, Indiana, depart Fawcett Center 8:30 a.m. – REGISTRATION REQUIRED
- Oct 14 Sternwheelers and Ohio Rivers, Marietta, Ohio, depart 7:30 a.m. from Fawcett Center – REGISTRATION REQUIRED
- Oct 16 *Swan Lake*, BalletMet Senior Dress Rehearsal, meet at Fawcett Center at 9:30 a.m. to carpool to theater – REGISTRATION REQUIRED
- Oct 21 *Pagliacci*, Opera Columbus, carpool from Fawcett Center at 5:30 p.m. – REGISTRATION REQUIRED**
- Oct 29 Columbus Cultural Arts Center Tour, carpool from Fawcett Center at 11:00 a.m.
- Nov 8 Cantilena Concerts 1: Brasil Guitar Duo in Classical and Brazilian Music, carpool from Fawcett Center, 1:00 p.m. – SEE BELOW FOR REGISTRATION INFORMATION
- Nov 29 Cantilena Concerts 2: Holiday Celebration Concert, carpool from Fawcett Center, 1:00 p.m. – SEE BELOW FOR REGISTRATION INFORMATION
- Dec 4 LaComedia Dinner Theatre (Springboro, Ohio), depart 8:45 a.m. from Fawcett Center – REGISTRATION REQUIRED
- Dec 9 Holiday Buffet, 11:30 a.m., Antrim Park Shelter House, 5800 Olentangy River Road**
- Apr 17-25 Springtime Tulip River Cruise, Holland and Belgium, depart TBA from Columbus International Airport

Notes:

- Bold font indicates that the event is new and listed for the first time.
- Arrive at the Fawcett Center 15 minutes earlier than the time of departure listed.
- Call the OSURA office if interested in an event for which registration is closed to see if space is available.

RESERVATIONS:

For those events marked "Registration Required":

- Call OSURA office (614-292-2916) and leave detailed message; you will receive a return call regarding your reservation request/status.
- PAYMENT is due in the office ONE WEEK after CONFIRMATION to keep reservation.
- Make check payable to OSURA (please write event date(s) and name(s) on check).
- Mail to 1590 North High Street, Suite 300, Columbus, OH 43201-2190.

For the **Cantilena Concerts**:

- Either send request and check to Eileen Davis, Director, Cantilena Concerts, 2934 Indianola Avenue, Columbus, OH 43202, or call 614-268-2779 to use Visa or Mastercard.

SO YOU CAN PLAN AHEAD

The following 2010 events are in the planning stages – preparations are not far enough along to accept reservations, but they are listed here so you can pencil them into your calendar. When all details are in place (cost, times, content, etc.), they will be in the OSURA Calendar of the newsletter; until then, if you want information, contact the arranger.

- January 22, Income Tax Seminar (Tom Sweeney, Arranger)
- February 5, *A Midsummer Night's Dream*, BalletMet Senior Dress Rehearsal (Don Cooper, Arranger)
- February 10, *Romeo and Juliet*, Opera Columbus (Don Cooper Arranger)
- March 5, *Carmina Burana*, BalletMet Senior Dress Rehearsal (Don Cooper, Arranger)
- April 23, *American Legends*, BalletMet Senior Dress Rehearsal (Don Cooper, Arranger)

Photo Society will be back October 8 with members' "photo presentation night" – no theme. Only eight or fewer images, please. Non-members are welcome. Time and Place: 5:15 p.m., cocktails; 6:00 p.m., dinner; 7:30 p.m., program at the OSU Faculty Club.

MAKE YOUR RESERVATIONS AS SOON AS YOU KNOW YOU ARE INTERESTED IN AN EVENT!
Some fill quickly and you may be closed out if you delay.

University News

WELCOME NEW RETIREES

We congratulate our colleagues who retired from The Ohio State University in July 2009.

Affeldt, Betty A, Athletics; **Albery**, Dennis W, Food, Agricultural, and Biological Engineering; **Badger**, Shirley E, Arts and Sciences Business Technology; **Bartels**, Steven R, OSU Extension County Operations; **Benrahmoune**, Soumya, Drake Performance and Event Center; **Blackwell**, Roy, Facilities; **Brown**, James D, Athletics; **Brown**, Theodore E, University Hospitals; **Bullock**, Janet F, Veterinary Teaching Hospital; **Carpenter**, Gayle L, English; **Christenson**, Mary A, Lima Campus; **Chu**, Pai-Cheng, Fisher College of Business Accounting and Management Information Systems; **Coblentz**, Willie A, OARDC Facilities Services Summary; **Cooke**, Helen J, Neuroscience; **Edwards**, Clive A, Entomology; **Elliott**, Janet L, Ross Heart Hospital; **Eyre**, Nicola S, OSU Extension County Operations; **Garabis**, Jose M, Enrollment Services and Undergraduate Education; **Geistfeld**, Loren V, Consumer Sciences; **Giffin**, John R, Dance; **Gordon**, Kathleen R, College of Pharmacy; **Hahm**, David E, Greek and Latin; **Heiligmann**, Randall B, School of Environmental and Natural Resources; **Hixson**, John H, OSU Extension County Operations; **Hochreiter**, Christina M, Cancer Hospital and Research Institute; **Kaufman**, Robert L, Sociology; **Kruse**, Suzanne M, Undergraduate Dean; **Krygier**, James E, Math and Physical Science Administration; **Lambert**, Joe A, Office of Information and Technology; **Lang**, Raymond W, Microbiology and Immunology; **Leonhart**, Susan K, Medicine Administration; **Liu**, Ming T, Computer Science and Engineering; **Mader**, Sharon L, OSU Extension County Operations; **Marvel**, Howard P, Economics; **Mathews**, Harry L, Fisher College of Business Marketing and Logistics; **McCord**, Norma A, University Hospitals East; **Means**, Gary E, Biochemistry; **Melville**, Stephen W, History of Art; **Meredith**, Meri, University Libraries; **Mitchell**, Paul H, Corporate Services; **Murdock**, Richard J, Fisher College of Business Accounting and Management Information Systems; **Nelson**, William E, African American and African Studies; **Noll**, Richard A, Physics; **Noltmier**, Hallan C, School of Earth Sciences; **Osterman**, Teresa A, Human and Community Research Development; **Paynter**, George F, Electrical and Computer Engr.; **Pearlman**, Kenneth T, Knowlton School of Architecture; **Perkins**, Marjorie J, Office of Information and Technology; **Perkins**, Donald F, Office of Information and Technology; **Peters**, Gail S, Ohio Learning Network; **Pride**, Douglas E, School of Earth Sciences; **Proctor**, Gregory M, School of Music; **Randall**, Joan L, OARDC Interdisciplinary; **Rimmer**, Anita H, Biochemistry; **Schmidt**, Paulette P, Optometry; **Slusher**, Hugh D, Arts and Sciences Advising; **Smith**, Dennis J, OSI Management Health Care; **Spinrad**, Phoebe S, English; **Stone**, Linda C, Medicine Administration; **Svensson**, Ernest D, Dental Restorative/Prosthetic; **Tucker**, Robert M, Athletics; **Vance**, W G, University Registrar; **Vantine**, Warren R, History; **Veres**, Michael M, Office of Information and Technology; **Wagner**, Sigrid, School of Teaching and Learning; **Waldegar**, Eileen A, Ross Heart Hospital; **Weisbrode**, Steven E, Veterinary Biosciences; **Whatley**, Helen C, University Hospitals; **Williams**, Roger N, OARDC Entomology; **Wolfe**, Robert W, Printing Services; **Zaharlick**, Ann Marie, Anthropology

Help welcome our colleagues to retirement and OSURA. Call those you know, encourage them to return their OSURA membership application, and invite them to attend an OSURA event with you.

University RESEARCH STUDIES NEEDING PARTICIPANTS

The Ohio State University Rardin Family Practice is conducting a [flu vaccine research](#) study for people 65 and older. Eligible participants will receive a flu vaccine and be compensated for their time. For more information, please contact Paula Smalles (614-293-3644 or paula.smalles@osumc.edu).

The two other studies posted in recent newsletters are still open for participation: [Type 2 Diabetes Research Study](#) and [Atrial Fibrillation Study](#). See the August newsletter for details and contact Paula Smalles (614-293-3644 or paula.smalles@osumc.edu) if you can help in either of them.

Adults age 65 and over are needed to participate in research on human-computer interaction at the OSU Computer Science Department. Earn \$20 for performing a simple computer-based task. For details, call 614-292-6350, or see <http://slate.cse.ohio-state.edu/dbyron/recruiting.htm>, or email the study staff at hartmanw@cse.ohio-state.edu.

Coping with Change XII
Thursday September 24, 2009
Fawcett Center
2400 Olentangy River Road

Registration materials have been mailed to OSURA members and are on Page 9 of this newsletter. Registrations must be made by mail – no phone calls or e-mail registrations will be accepted. DEADLINE: September 14

8:30 a.m. **Registration, Exhibits**

9:00 a.m. **Welcome /Announcements**

9:15 a.m. **Plenary Session: "Our Emerging University as the Flagship Institution in the State of Ohio"**
Bill Shkurti, Senior Vice President for Business and Finance; Joan Leitzel, Interim Vice Provost for the Arts and Sciences; and Martha Garland, Vice Provost for Enrollment Services and Dean of Undergraduate Education
Discussion of the changes in our university as we emerge as the Ohio Flagship Institution.

10:30 a.m. **Break (Refreshments and Exhibits)**

10:45 - **First Concurrent Sessions – In Breakout Rooms**

11:45 a.m. **1. Financial Planning for Long Term Care**

Bill Rives, Senior Lecturer, OSU Department of Finance

Introduction to the financial planning process for LTC; cost of LTC services; financing options, including private insurance, LTC plans offered through OPERS/STRS, reverse mortgages, life settlements, VA benefits, Medicare and Medicaid.

2. Nutrition 101

John Allred, Faculty Emeritus, Food Science and Nutrition

Charlette Allred, retired Director, Professional Relations and Education, Abbott Labs

Know your Nutrition Score? Take the myths out of old age and eat well to enjoy the rest of your life.

3. Aging with Grace through Yoga

Gail Harrison Corvette, Anusara-Inspired Registered Yoga Teacher

Learn how the 5000-year-old practice of yoga can help you age gracefully.

4. Making Decisions about Care at the End of Life

Doug Cluxton, Vice President for Education, Ohio Hospice and Palliative Care

Medical advances result in longer lives, sometimes with serious, chronic illnesses. This presentation will focus on Advance Care Directives such as Living Wills and Durable Powers of Attorney for Health Care documents and engage in conversations about end-of-life wishes to ensure a comfortable death without futile, overly aggressive treatments to prolong dying.

5. It Takes a Village: Resources for Caregivers

Kathy Grannan, Nursing Care Coordinator, Gerlach Center for Senior Health

Caring for a seriously ill loved one is often more than a one-person job. In this session we will discuss many resources available to help meet the needs of patient and family. Come with your questions and stories!

12:00 noon **Lunch**

1:15 - **Second Concurrent Sessions – In Breakout Rooms**

2:15 p.m. **6. Financial Planning for Long Term Care** (see description above)

7. Nutrition 101 (see description above)

8. Aging with Grace through Yoga (see description above)

9. Preventive Medicine for Older Adults

Mary DiOrio, Medical Epidemiologist, Ohio Department of Health

Given the increase in average life expectancy, Americans who reach 65 have an additional life expectancy of almost 19 years. It is important to ensure that we stay as healthy as possible in our older adulthood years. This session will focus on activities for older adults that promote good health and review medical screenings that should be done to prevent disease.

10. Trusts as a Vehicle in Estate Planning

Russell Cunningham, Certified Specialist in Estate Planning

What a trust is and how it can be used in estate planning. The speaker will discuss advantages and disadvantages of using a trust. This presentation will help you better understand the trust you already have or whether a trust is something you should have as part of your estate plan.

2:30 – **Update on Health Care Plans for 2010**

3:30 p.m. - **State Teachers' Retirement System (STRS-OH)**

Greg Nickell, Director of Health Care

- **Ohio Public Employees Retirement system (OPERS)**

Jason Davis and Devon Hooper, Health Care Education Representatives

Description of Events

See Pages 12 and 13 in the OSURA Directory or the OSURA web site for "Travel and Event Policies and Procedures."

- **Procedure for Reservations:** See Page 3 of this newsletter.
- **Challenge Levels:**
 - 1 – Minimal walking/standing, may include a few stairs
 - 2 – Moderate walking/standing, could include a few sets of stairs
 - 3 – Moderate walking/standing, includes climbing many stairs and/or uneven terrain
 - 4 – Lots of walking/standing, includes climbing stairs or hilly walkways and/or extended weather exposure

Note: Most trips will allow travelers to remain on the bus, if desired. Disabled persons should refer to Page 12 in the OSURA Directory for information on assistance.
- **Events Marked with *:** Participants must sign Disclaimer on Event Roster on the day of the event.
- **Registration Closes:** This is the deadline for reservations because it is the date vendors must be paid in full for the event.
- **Refund Deadline:** Reservations must be cancelled by this date to receive a refund of payment/deposit; cancellations after this date will be reviewed by the arranger and the OSURA office for refund decisions.

SEPTEMBER 15-19 (TUESDAY-SATURDAY) * THE BEST OF MICHIGAN

Challenge Level 2

EVENT CLOSED

Depart: 7:00 a.m. September 15 from Fawcett Center

Return: Approximately 7:00 p.m. September 19

Arrangers: JoAnn Rueger and Betty Maynard (*Travel Committee*)

SEPTEMBER 16 (WEDNESDAY)

BOOK CLUB

The OSURA Book Club is starting its new year with *Olive Kitteridge*, by Elizabeth Strout. The book consists of 13 short stories with Olive Kitteridge and Crosby, Maine, as the continuing character and setting throughout. All are welcome to join a lively discussion. Come even if you haven't read the book. Find out how this book club is different from all others.

Time and Place: 1:30 P.M., Carriage Hill of Arlington Party House, Lafayette Drive (contact Lee Hill, 614-459-4743, for directions)

Arranger: Lee Hill (*Book Club SIG*)

SEPTEMBER 17 (THURSDAY)

LUNCH BUNCH

Dr. Stephen A. Buser, Emeritus Professor of Finance and former Chair of the Department of Finance in the Fisher College of Business, will provide a current view of the state of the economy and the many ways it can and does affect us.

Time and Place: 11:15 a.m. (lunch will be served at 11:30), Buckeye Hall of Fame Café, 1421 Olentangy River Road

Cost: \$10 cash for sit-down lunch

Arranger: Virginia Gordon (*Social Committee*)

SEPTEMBER 22 (TUESDAY)

TERTULIA BREAKFAST

Good food, good conversation, good camaraderie!

Time and Place: 8:00 a.m., Faculty Club

Cost: Breakfast on your own

Arranger: William Riley (*Tertulia Breakfast SIG*)

SEPTEMBER 23 (WEDNESDAY)

BRIDGE GROUP

A good game of Bridge and great conversation.

Time and Place: 1:00 p.m., Friendship Village Dublin, North CR

Arrangers: Sherry Detillian and Marianne Naber (*Bridge Group SIG*)

SEPTEMBER 24 (THURSDAY)

COPING WITH CHANGE XII

Hear about health care plans for 2010, changes in The Ohio State University as it emerges as the Ohio Flagship Institution, and more at this annual conference. See Page 5 for the detailed program.

Time and Place: 8:30 a.m., registration and exhibits; meeting convenes at 9:00 a.m., Fawcett Center

Cost: \$21 (includes lunch)

Registration Deadline: September 14

Arrangers: Marie Taris and Nancy Wardwell (*Benefits Committee*)

SEPTEMBER 30 (WEDNESDAY) *

ARCHITECTURE IN COLUMBUS, INDIANA

Challenge Level 1

The Smithsonian describes Columbus as a "veritable museum of architecture," with buildings designed by I.M. Pei, Eero and Eliel Saarinen, Richard Meier, Richard Ventura, Harry Weese, Kevin Roche, Gunnar Brekerts among many others. There will be a two-hour (approximately) bus tour with guide to 40 buildings, and a 20-minute inside tour of two of them. A walking tour map of buildings is available to those who wish to re-visit some of them after the tour. Lunch on your own upon arrival.

Depart: 8:30 a.m. from Fawcett Center

Return: 8:00 to 9:00 p.m.

Cost: \$48 (bus transportation, architectural bus tour with guide, snacks, tips)

Registration Closes: **September 1**

Refund Deadline: September 25

Arranger: Odette Blum (*Cultural Arts Committee*)

**OCTOBER 14 (WEDNESDAY) *
STERNWHEELERS AND OHIO RIVERS
(MARIETTA, OHIO)**

Challenge Level 2

One of the state's oldest settlements, Marietta was also an important link in the Underground Railway. After we tour the town, we will board the Valley Gem Sternwheeler and savor a lavish luncheon while listening to the swish of the paddlewheel. We travel up the Muskingum River as the captain regales us with stories of its history and, following a trip through lock #2 (Devol's Dam), return to Marietta.

Depart: 7:30 a.m. from Fawcett Center

Return: 5:00 p.m.

Cost: **\$60** (bus transportation, admissions, lunch, bus driver tip, snacks) **Note cost change**

Registration Closes: **September 16**

Refund Deadline: **September 16**

Arrangers: Hazel Benson and Rose Yonka (*Travel Committee*)

**OCTOBER 16 (FRIDAY)
SWAN LAKE (BALLEMET SENIOR DRESS
REHEARSAL)**

Swan Lake features the inspiring music of Tchaikovsky and, in this World Premier production, new choreography by the notable David Nixon. It is a story which crosses the world of magic and mystical creatures (the swans are beautiful maidens at night) with that of the real world, and shows that betrayal and power can be conquered by love and forgiveness.

Depart: Meet at Fawcett Center at 9:30 a.m. to carpool to Ohio Theatre for 11:00 A.M. performance

Return: 1:00 p.m.

Cost: \$14 (ticket) It would be considerate to offer driver some remuneration for parking and gas.

Arranger: Don Cooper (*Cultural Arts Committee*)

**OCTOBER 21 (WEDNESDAY)
PAGLIACCI, OPERA COLUMBUS**

Challenge Level 1

Leoncavallo's famous opera tells the tragic story of Canio who finds out that his wife, Nedda, is having an affair with the young and handsome Silvio. Tonio, friend of Canio and in love with Nedda as well, has informed Canio of the affair. Canio must be the "clown" and go on with the show, but tragic consequences ensue as reality and theatre blur in this verissimo shocker. Contains perhaps the most famous aria in opera.

Depart: 5:30 p.m. to carpool from Fawcett Center (meet in lobby just beyond front desk)

Return: Approximately 10:00 p.m.

Cost: \$12 (ticket) It would be considerate to offer driver remuneration to help with parking and gas.

Arranger: Don Cooper (*Cultural Arts Committee*)

**OCTOBER 29 (THURSDAY)
COLUMBUS CULTURAL ARTS CENTER TOUR**

Challenge Level 1

We will join a weekly event, "Conversations and Coffee." A Columbus area artist will explain his or her work and respond to questions. Box lunches will be served. The Cultural Arts Center offers classes in media from ceramics to sculpture and metalsmithing to painting. There will be a tour of the classes after the noon "Conversations and Coffee" which will give you an overview of the Cultural Arts Center and its classes which are available to all, from beginners to advanced. This was a successful and enjoyable trip last year.

Depart: 11:00 a.m. from Fawcett Center

Return: 2:00 p.m.

Cost: \$11 (box lunch, car pool, free admission)

Refund Deadline: October 20

Arrangers: Tom Hubbard and Tom Sweeney (*Cultural Arts Committee*)

**NOVEMBER 8 (SUNDAY)
CANTILENA CONCERTS 1: BRASIL GUITAR DUO
IN CLASSICAL AND BRAZILIAN MUSIC**

Challenge Level 1

Come hear the vision in music and art at Huntington Hall, Capital University. *Classical Guitar Magazine* had this to say about the Brasil Guitar duo: "The maturity of musicianship and the technical virtuosity displayed... is simply outstanding."

Depart: 1:00 p.m. Carpool from Fawcett Center

Return: Approximately 4:30 or 5:00 p.m.

Cost: \$10 (adult ticket; free for children 12 and under)

See Calendar on Page 3 for registration procedure.

Arranger: Eileen Davis (*Cultural Arts Committee*)

**NOVEMBER 29 (SUNDAY)
CANTILENA CONCERTS 2:
HOLIDAY CELEBRATION CONCERT**

Challenge Level 1

Enjoy the Jones/Norton Duo (flute and harp) with seasonal favorites, The Columbus Children's Choir in Robert Kapilow's *Polar Express*, and a group of spirituals by soloist Eric McKeever, baritone. The musical version of *Polar Express* follows the well-known story and is charming, elegant, and easy to listen to. Bring the grandkids for a fantastic holiday treat!

Depart: 1:00 p.m. Carpool from Fawcett Center

Return: Approximately 4:30 or 5:00 p.m.

Cost: \$10 (adult ticket; free for children 12 and under)

See Calendar on Page 3 for registration procedure.

Arranger: Eileen Davis (*Cultural Arts Committee*)

DECEMBER 4 (FRIDAY) *

**La COMEDIA DINNER THEATRE
(SPRINGBORO, OHIO)**

Challenge Level 2

Treat yourself to a delicious buffet lunch at La Comedia Dinner Theatre. Then enjoy the *La Comedia Christmas Spectacular*, a musical journey that features spectacular dancing, fun-loving characters, and Santa Claus himself.

Depart: 8:45 a.m. from Fawcett Center

Return: 5:00 p.m.

Cost: \$59 (motorcoach transportation, buffet lunch, theatre ticket, bus driver tip)

Registration Closes: October 9

Refund Deadline: October 9

Arrangers: Barb Preston and Sylvia Jackson (*Travel Committee*)

DECEMBER 9 (WEDNESDAY)

HOLIDAY BUFFET

Challenge Level 1

Join new and old friends for the Holiday Buffet. Bring a favorite dish (with serving utensil) to share and your own table service. Beverages will be provided. The White Elephant Exchange will be reinstated (value not to exceed \$10), so bring a gift and take another home. Call the OSURA office (614-292-2916) by December 4 to let the committee know you are coming.

Time and Place: 11:30 a.m., Antrim Park Shelter House, 5800 Olentangy River Road

Cost: Bring a dish to share

Arranger: Mary Anne Herbst (*Social Committee*)

APRIL 17-25 *

**SPRINGTIME TULIP RIVER CRUISE
FEATURING DUTCH AND BELGIAN WATERWAYS**

Challenge Level 3

Unpack once for a relaxing 7-night river cruise on the waterways of Holland and Belgium. Visit the world-famous Keukenhof Gardens with its enormous, colorful tulip fields. Admire Holland's windmills of Kinderdijk. Other highlights of this tour include Amsterdam, Volendam, Arnhem, Middelburg, Ghent, Bruges, and Antwerp.

Depart: TBA April 17

Return: TBA April 25

Cost: \$3,734 per person double cabin only (round trip air fare from Columbus, transfers, luggage handling; 7-night river cruise, 7 breakfasts, 6 lunches, 7 dinners; sightseeing per itinerary; cancellation waiver and insurance) \$485 deposit due with reservation form by September 15, first-come, first-served; final payment due December 1. Call the OSURA office (614-292-2916) for a registration packet (includes full itinerary).

Registration Closes: **September 15**

Arrangers: Betty Maynard (*Travel Committee*)

IN MEMORIAM

We honor and thank our colleagues for their service and the many contributions that made our university a finer place.

Cochran, Willa Althea, July 8,
University Hospitals, age 90

DeLong, Paul, July 11,
Treasurer's Office and OSURA, age 87

Duncan-Mann, Carrie Lea, July 19,
University Hospitals, age 50

Evans, George, July 26, Dental Clinic, age 88

Hysell, James A., July 23, Physical Facilities, age 60

Long, John Frederick, July 20,
Veterinary Medicine, age 85

Oster, Clinton V., July 19, Public Administration,
age 88

Parrish, Jack R., July 27,
Dentistry and OSURA, age 84

Passewitz, Gregory R., July 30, OSU Extension,
age 62

Wallar, Doris H., July 19, age 82

Ward, Janice C., July 21, age 67

Williams, Armina M., July 26,
University Hospitals, age 84

Wingate, Lucille, July 11, age 97

When you know of the death of an OSU retiree or employee or spouse of an OSU retiree/employee, please contact the OSURA office – 614-292-2916.

PRESIDENT'S MESSAGE

(Continued from Page 1)

Martha Garland will start us off with their unique perspective on the changes in our university as it emerges as the Ohio Flagship Institution. The concurrent sessions bring us specialists offering a variety of timely topics. The exhibits will be expanded, the food will be good, and as always, the fellowship will be excellent!

I look forward to seeing you at the Fawcett Center September 24.

- Nancy Wardwell

The OSURA web site (hr.osu.edu/osura) is a resource for information on OSURA and the University. It has links to STRS-Ohio and OPERS as well as other organizations of interest to OSU retirees. Some OSURA publications can be found there, also.

Coping with Change XII Registration Form
Thursday, September 24, 2009
Fawcett Center
2400 Olentangy River Road, Columbus, OH
(Please Print or Type)

Name #1 _____

Name #2 _____

Address _____

City/State/Zip _____

Phone _____ E-mail Address _____

Concurrent Sessions: Please indicate your first, second and third choices for both the morning and afternoon sessions using 1 as your top choice and 3 as your last choice. (Your session numbers will be on the name tag given to you at the conference.)

Morning Concurrent Sessions:

	Name 1	Name 2
1. Financial Planning for Long Term Care.....	_____	_____
2. Nutrition 101	_____	_____
3. Aging with Grace through Yoga	_____	_____
4. Making Decisions about Care at End of Life (<i>offered once today</i>)	_____	_____
5. It Takes a Village: Resources for Caregivers (<i>offered once today</i>)	_____	_____

Afternoon Concurrent Sessions:

6. Financial Planning for Long Term Care	_____	_____
7. Nutrition 101	_____	_____
8. Aging with Grace through Yoga	_____	_____
9. Preventive Medicine for Older Adults (<i>offered once today</i>).....	_____	_____
10. Trusts as a Vehicle in Estate Planning (<i>offered once today</i>).....	_____	_____

Update on Health Care Option and Issues for 2010

State Teachers Retirement Systems of Ohio (**STRS-OH**) _____

Ohio Public Employees Retirement Systems (**OPERS**) _____

Enclosed is my check for

Conference registration for _____ **persons @ \$21 per person = \$** _____ **check #** _____


(Registration includes complimentary lunch of Tuscan Chicken Salad, beverage, and dessert)

If you need a special meal, what type? gluten-free _____ vegetarian _____

A completed registration form and check **must be received** in the OSURA office by **Monday, September 14, 2009**.
No registrations will be accepted via phone call or email please.

Make checks payable to OSURA and mail to:

OSU Retirees Association, The Ohio State University, 1590 North High Street, Suite 300, Columbus, OH 43201-2190

 <p>RETIREES ASSOCIATION OSURA</p> <p>1590 North High Street, Suite 300 Columbus, OH 43201-2190 Office: 614-292-2916 Fax: 614-292-4424</p> <p>ADDRESS SERVICE REQUESTED 47031.011000.61804.OSURA</p>	<p>SEPTEMBER 2009 NEWSLETTER</p> <p>TIME DATED MATERIAL</p>	<p>PRESORTED STANDARD U. S. POSTAGE PAID Columbus, Ohio Permit No. 711</p>
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University News

The William Oxley Thompson Memorial Library re-opened its doors to the public on August 3 after a three-year renovation. The library features a second entrance on the Neil Avenue (west) side of the building, spaces for individual and group study, a restored Grand Reading Room, a massive, glass enclosed new study room facing west campus, the ground-level Berry Cafe and the Campus Reading Room on the 11th floor of the Stacks Tower. The dedication of the Thompson Library will be 4:00 p.m. on Thursday, September 24.

The Columbus Dispatch called it a "repolished jewel," saying, "Anyone who walks through the doors of William Oxley Thompson Memorial Library now will be struck by its new mix of classic and contemporary features... The project restores the grandeur of the historic library, which opened in 1913, and adds technological and other upgrades to meet the 21st century needs of students and scholars."

The Dispatch also offered these facts about the library:

- It was named for the University's fifth president, who served from 1899 to 1925.
- The \$108.7 million renovation project was paid for in part with \$30 million in donations, including \$9 million from the Athletics Department. The rest came from the state (\$70 million) and University sources set aside funds for the project (\$8.7 million).
- The library's special collections include numerous first editions of American literature, the entire manuscript collection of the Serbian Hilander Monastery, and a vast array of theater set designs, posters, wardrobes, and play manuscripts.
- Forty-nine brass plaques bearing the scripts of various languages are embedded in the library's ground floor and in elevator doors. A library worker came up with the idea.
- The renovation involved 11 years of planning and 27 months of construction, requiring 569,799 man-hours.