



CLASSROOM PROFILE: B5 TODDLERS

STAFF

Teacher: **Tara Aledia**

I graduated in 2001 from Humber College in Toronto, Ontario with an equivalent to an associate's degree in Early Childhood Education. In 2003, I graduated from York University with a B.A. in Psychology. I have been in the early childhood field for 8 years. Throughout my first teaching experiences I quickly realized my passion for working with toddlers, and have focused my work on toddlers for the last 3 years.

Assistant Teacher: **Katy Woodford**

I am working towards a B.S. in Human Development and Family Science with a concentration in Family Studies at The Ohio State University. Before being hired fulltime, I worked at the Child Care Program as a part time teaching aide. I have also worked with children as a Park Leader in my hometown. I choose to work in early childhood education because kids never cease to amaze me with all they do and learn everyday and I love the fact that I can help them do that. In my free time I enjoy reading, watching movies, and random road trips!

ROOM SCHEDULE

7:00 - 8:30am	Greetings, table or floor play
8:30 - 9:30am	Morning snack, table or floor play
9:30 - 10:00am	Bathroom breaks
10:00 - 11:30am	Sensory exploration, art activities, outside play
12:00 - 1:15pm	Lunch, bathroom break, story and song time
1:15 - 3:45pm	Naptime, bathroom break as children wake up
3:45 - 4:15pm	Indoor gross motor time
4:15 - 4:30pm	Snack, table or floor play
4:30 - 5:00pm	Outside play or sensory and art exploration
5:00 - 6:00pm	Table or floor play, departure

As many classrooms partner with the room next door, families are encouraged to get to know the staff in the adjoining room as well as the staff in our Evening Program, if applicable.

TODDLER CLASSROOM INFORMATION

Toddler rooms provide a safe, nurturing and stimulating environment for children to explore throughout their day. Teachers design the environment and experiences based on children's developmental needs and individual interests. Experiences with teachers, peers, language, movement, blocks, music, books, nature, water, sand, art



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and dramatic play materials enhance children's growth and development. These experiences are documented for families on the classroom Possibilities Plan.

Toddlers are encouraged to explore their environment independently. Because exploring with all your senses can be a messy process, we ask families to dress children with this in mind. In addition, children go outdoors in all kinds of weather, so it is important that families provide appropriate outerwear for each season.

Mealtime is both a physical and social-emotional process. This is a time to try new foods, use developing language skills, engage in social interactions and practice self-help skills. Teachers make mealtimes a relaxed group experience and guide children to be as independent as possible. Monthly menus, including snacks and meals, are provided for families.

Napping is also both a physical and social-emotional process that requires teachers to observe carefully for children's cues. Toddlers nap on cots which are made more comfortable by a small blanket, pillow or sleeping toy brought from home. Teachers may help children relax by reading stories, playing soft music, or rubbing backs. While some toddlers may not nap, all children must spend some time resting every day.

Perhaps the most prominent developmental milestone for toddlers is potty training. All diapering and toileting in toddler rooms is done in a relaxed manner which allows children to grow and development on individual timelines. Teachers work as partners with parents when children are showing signs of taking the last steps towards potty training.

We look forward to developing relationships with children and their families. Please take some time at arrival each day to tell us about your child's evening and morning at home so that we can more effectively meet their needs. When you return, we will tell you about your child's day with us. Daily information provided for families may include mealtime, napping, diapering or toileting and play activities.

Teachers document children's experiences through the use of photographs, dictation, artwork and constructions. Teachers may also share your child's experiences with you through phone calls, email, or notes in your mailbox. In addition, individual conferences and classroom family meetings are held throughout the year.

Please feel free to contact our room at anytime during the day. You may call 292-4453 and ask for room B5 or email the room directly b5@hr.osu.edu. You may also direct questions or comments to the Toddler Age-Level Specialist.

We look forward to meeting your child and family!